

Reference\_For\_Chiropractic\_Handbook\_2003.txt

I had not found a good reference for chiropractic handbook that would work in a primitive environment. I mentioned this to a friend of mine who wishes to stay animus. He said he was having the same problem. It took him a while but he did find one. The following is what he says about it.

The Home Chiropractic Handbook covers the basics of spinal correction, from the lumbar to the neck. The first couple chapters cover basic anatomy of the spinal column and how to detect out of place vertebrae. The remaining majority of the book describes how to perform correcting adjustments. Each adjusting technique is described consistently throughout the book with words and an associated picture (black & white). A chapter near the end of the book gives basic plans on building an adjusting table.

The video covers a majority of the topics found in the book and is a great supplement to the book. The adjusting techniques are explained in detail as well as shown, and more easily conveys how to perform the corrections.

Neither the book nor video covers any adjustments to the elbows, hands, knees or feet. The book and video would be a good addition to any post-PS medical library. I would recommend studying the video pre-PS. Watching the video will likely make the book more understandable.

The book and video can be ordered from:  
<http://www.home-chiropractic.com>

Their book is available separately from Amazon  
[http://www.amazon.com/exec/obidos/tg/detail/-/0935081003/qid=1071274113//ref=sr\\_8\\_xs\\_ap\\_i1\\_xgl14/002-0135336-0614408?v=glance&s=books&n=507846](http://www.amazon.com/exec/obidos/tg/detail/-/0935081003/qid=1071274113//ref=sr_8_xs_ap_i1_xgl14/002-0135336-0614408?v=glance&s=books&n=507846)